**List of preferred items for Food Bank donations**

**Note: Please do NOT donate fresh/perishable food or any out-of-date items**

**Food (in tins, packets etc)**

* Cereal
* Soup
* Pasta
* Rice
* Pasta sauce
* Tinned meals (especially those with meat, such as beans and sausage, chili con carne, chicken curry, etc.)
* Tinned vegetables
* Tinned tuna
* Tinned baked beans
* Tea/coffee
* Tinned fruit
* Bread
* UHT milk
* Mayonnaise
* Biscuits

**Other (non-food) items**

* Toiletries – Loo roll, shower gel, shampoo, soap, toothbrushes, tooth paste
* Household items – laundry liquid detergent, laundry powder, washing up liquid
* Feminine products – sanitary towels and tampons